

**Fraser Valley Quilters' Guild
December 2013
Block of the Month**

Cutting Chart for One Lady of the Lake Quilt Block

Red Print

- (8) 2-7/8" x 2-7/8" squares
- (1) 6-7/8" x 6-7/8" square cut in half once diagonally (or one 45-degree triangle with short edges that measure 6-7/8") See the note on page 2, step 3, before cutting.

Black Print

- (8) 2-7/8" x 2-7/8" squares
- (1) 6-7/8" x 6-7/8" square cut in half once diagonally (or one 45-degree triangle with short edges that measure 6-7/8") See the note on page 2, step 3, before cutting.

Assemble the 10-inch Lady of the Lake Quilt Block

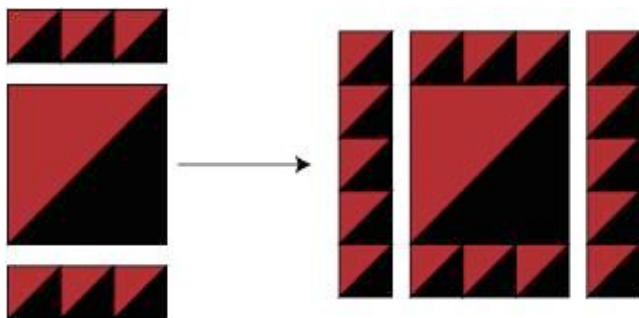


Figure 1

Figure 2

1. Gather a 2-7/8" x 2-7/8" red square and a black square of the same size. Use the [quick pieced half-square triangle method](#) to create two half square triangle units from the pair. Each of the completed units should measure 2-1/2" x 2-1/2".
2. Repeat, pairing all remaining small red squares with a small black square to make a total of 16 half-square triangle units.
3. Align the edges of one of the large red triangles cut by dividing a 6-7/8" x 6-7/8" square (or by cutting a single triangle) with a black triangle of the same size. Sew a quarter-inch seam along the longest edge and then carefully press the seam allowance towards the darker half. Remove the 'dog ears' from the ends of the seam. The unit should measure 6-1/2" x 6-1/2"

One of the resulting triangles from each square will not be used for this block. Sew the triangles into another block for your project. You could opt to leave the squares intact and use the quick pieced method to construct two identical half square triangle units.

4. Place the large half-square triangle unit on your table and use six smaller units to create a 3-unit row above it and below it (Figure 1).
5. Sew units in the top row and bottom row together. Press seam allowances towards the darker fabric.
6. Sew the three rows together and press seam allowances towards the center.
7. Use the remaining small triangle units to form two vertical rows, each made up of five units.
Notice that all half-square triangle units in this block are oriented in exactly the same way (Figure 2).
8. Sew the units in each vertical row together. Press seam allowances towards the darker fabric.
9. Sew the outer vertical rows to the block's center, carefully matching edges and seam intersections. Press new seam allowances towards the outer rows. The quilt block should measure 10-1/2" x 10-1/2".